

Five Moments for Medication Safety



Starting a medicine

- ▶ What is the name of this medicine and what is it for?
- ▶ What are the risks and possible side-effects?



Taking my medicine

- ▶ When should I take this medicine and how much should I take each time?
- ▶ What should I do if I have side-effects?



Adding a medicine

- ▶ Do I really need any other medicine?
- ▶ Can this medicine interact with my other medicines?



Reviewing my medicine

- ▶ How long should I take each medicine?
- ▶ Am I taking any medicines I no longer need?



Stopping my medicine

- ▶ When should I stop each medicine?
- ▶ If I have to stop my medicine due to an unwanted effect, where should I report this?



Visit www.hse.ie/safermeds
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