Episode 16

QPS TalkTime

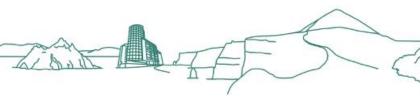


21 November 2023 | 1pm to 2pm

Using Ql to Improve Stroke Care









NQPSD Resources

Join the Q Community

Apply to become a member of Q Community – find out more via the Q Website



For information on how to apply contact:

qps.improvement@hse.ie

Improvement Collaborative Handbook

Find out more about our latest resource, scan the QR Code below





Your Health Your Voice resources



Scan to access resources



Listen to our podcast series

Listen to seven podcasts based on the Patient Safety Strategy themes.







US @n S@Ca Mewia









How we are running today's session



 You will be muted but the chat is open throughout - please post any questions or comments there and we will address them after the presentation.



• If your tech fails, don't worry – we're recording it so you can watch back on the NQPSD YouTube channel and access the slides at your convenience.



Audio is available via your PC or dial in:

+353-153-39982 Ireland Toll

+353-1526-0058 Ireland Toll 2

Access code: 2732 901 3711



Please feel free to continue the discussion on Twitter / X: @QPSTALKTIME

| @NationalQPS | @mapflynn | @Margare18334623 | @JulieKeane16 | @ConnFion | @noca_irl | | #QIreland | #patientsafety |



 Please help us to improve our QPS TalkTime Webinars by completing a short feedback form (pop up window before you log out)



You will receive an email from QPS TalkTime confirming your attendance

To get started ... we invite you to

Share using the chat box

Your name, work and where you are joining us from ...

Respond to this statement:

"A goal of 100% is always achievable..."

QPS TalkTime



What is the session about?

- Hear about the power of clinical audit and integration of Quality Improvement.
- Learn about the importance of swallow screening in stroke care and the application of evidence in practice.
- Gain an insight into Quality improvement in practice to improve stroke care.
- Take away tips and tricks in implementing QI.









Episode 16

QPS TalkTime



Today's speakers



Joan McCormack
Cardiovascular Programme
Audit Manager, National
Office of Clinical Audit



Fiona Connaughton
Interim Nurse Lead for
the National Programme
for Stroke



Julie Keane
Joint HSCP Lead National
Clinical Programme for
Stroke.



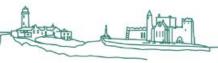
Clinical Nurse Specialist

in stroke care

An Stiúrthóireacht um Ardchaighdeáin agus Sábháilteacht Othar
Oifig an Phríomhoifigigh Cliniciúil









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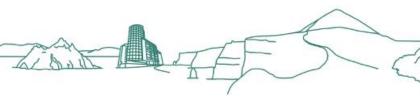


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Using Ql to Improve Stroke Care













NATIONAL OFFICE OF CLINICAL AUDIT

IRISH NATIONAL AUDIT OF STROKE

QPS TALKTIME: QI IN STROKE

Joan McCormack
Cardiovascular Programme Audit Manager
joanmccormack@noca.ie

National Office of Clinical Audit

IHAA Irish Heart Attack Audit



INAS Irish National Audit of Stroke



MTA Major Trauma



Irish Hip Fracture 35% Database IHFD



INOR Irish National Orthopaedic Register



ICU Irish National



ICU Bed Information System (ICU BIS)



IPCCA Irish Paediatric
Critical Care Audit



NPMR National Paediatric Mortality Register



NAHM National Audit of Hospital Mortality



NOCA also provides governance for the national maternity audits managed by NPEC



NOCA National Office of Clinical Audit

IHAA Irish Heart Attack Aud

IRISH HEART ATTACK AUDIT

NATIONAL REPORT 2021



National Office of Clinical Audit

ICU Irish National ICU Audit

THE IRISH NATIONAL ICU AUDIT ANNUAL REPORT 2021 REPORTS ON:





















ACCESS TIMES TO ICU



















Trends show progress towards achieving the targets for time to access ICU.

National Office of Clinical Audit

NPMR National Paediatric Mortality Register

NATIONAL PAEDIATRIC MORTALITY REGISTER 2023

A REVIEW OF MORTALITY IN CHILDREN AND YOUNG PEOPLE IN IRELAND

National Office of Clinical Audit

MTA Major Trauma

MAJOR TRAUMA AUDIT

NATIONAL REPORT 2021







NAHM National Audit of Hospital Mortality









National Office of Clinical Audit

INAS Irish National Audit of Stroke

NATIONAL OFFICE OF CLINICAL AUDIT

IMPACT REPORT 2023



Notational Office of Clinical Audit



♥ @noca irl #NOCA2023



NOCA National Office of Clinical Audit

QUALITY IMPROVEMENT CHAMPION AWARD 2023

Call out for submissions

We are seeking nominations from a person or team who have shown dedication to quality improvement (QI) within their hospital / hospital group / healthcare area.

All details on how to submit a nomination are available on www.noca.ie/news-events

Closing date for submissions 13th January 2023



#NOCA2023



RCSI

In association with RCSI Charter Week

NOCA CLINICAL AUDIT AMBASSADORS

CALLING ALL LOCAL HOSPITAL NOCA AUDIT COORDINATORS, CLINICAL LEADS AND THOSE WHO ENTER AUDIT DATA FOR NOCA AUDITS AT HOSPITAL LEVEL.

From the 13th-17th June 2022, we want to say thank you for all you do for clinical audit.

Send us your photos, stories or short videos about your role and why clinical audit is important to you.







INAS Irish National Audit of Stroke



INAS Irish National Audit of Stroke

LETTERKENNY UNIVERSITY HOSPITAL

CLINICAL LEAD: Dr Ken Mulpeter

AUDIT COORDINATOR: Christine McLaughlin

MAYO UNIVERSITY HOSPITAL

CLINICAL LEAD: Dr Tom O'Malley

CLINICAL LEAD: Dr Tom Lee

AUDIT COORDINATOR: Joanne Carolan

UNIVERSITY HOSPITAL SLIGO

CLINICAL LEAD: Dr Paula Hickey

AUDIT COORDINATOR: Una Moffatt

AUDIT COORDINATOR: Margaret Carney

PORTIUNCULA UNIVERSITY HOSPITAL

CLINICAL LEAD: Dr Niamh Hannon

AUDIT COORDINATOR: Mary Diskin

UNIVERSITY HOSPITAL GALWAY

CLINICAL LEAD: Dr Tom Walsh

AUDIT COORDINATOR: Mary Rooney Hynes

UNIVERSITY HOSPITAL LIMERICK

CLINICAL LEAD: Dr Margaret O'Connor

CLINICAL LEAD: Dr John McManus

AUDIT COORDINATOR: Nora Cunningham

AUDIT COORDINATOR: Ingrid O'Brien

AUDIT COORDINATOR: Claire Collins

CORK UNIVERSITY HOSPITAL

CLINICAL LEAD: Dr Liam Healy

CLINICAL LEAD: Dr Simon Cronin

AUDIT COORDINATOR: Glen Arrigan

AUDIT COORDINATOR: Karena Hayes

AUDIT COORDINATOR: Ann O'Sullivan

AUDIT COORDINATOR: Ines Saramago

MERCY UNIVERSITY HOSPITAL

CLINICAL LEAD: Dr Catherine O'Sullivan

TIPPERARY UNIVERSITY HOSPITAL

CLINICAL LEAD: Dr Arslan Sohail

AUDIT COORDINATOR: Bency Varghese

UNIVERSITY HOSPITAL KERRY

CLINICAL LEAD: Dr Barry Moynihan

AUDIT COORDINATOR: Mary Donovan

BANTRY GENERAL HOSPITAL

CLINICAL LEAD: Dr Brian Carey

AUDIT COORDINATOR: Noreen Lynch

UNIVERSITY HOSPITAL WATERFORD

CLINICAL LEAD: Prof. Riona Mulcahy CLINICAL LEAD: Dr George Pope

AUDIT COORDINATOR: Catherine Whittle

OUR LADY OF LOURDES HOSPITAL, DROGHEDA CLINICAL LEAD: Dr Olwyn Lynch

AUDIT COORDINATOR: Helen Hobson AUDIT COORDINATOR: Sandra Matthews

CAVAN GENERAL HOSPITAL

CLINICAL LEAD: Dr John Corrigan

CONNOLLY HOSPITAL

CLINICAL LEAD: Dr Eamon Dolan AUDIT COORDINATOR: Lisa Donaghy

AUDIT COORDINATOR: Maya Baby

REALIMONT HOSPITAL

CLINICAL LEAD: Dr Karl Boyle

AUDIT COORDINATOR: Emma Hickey

AUDIT COORDINATOR: Julie Lynch

AUDIT COORDINATOR: Carla O'Farrell

MATER MISERICORDIAE UNIVERSITY HOSPITAL

CLINICAL LEAD: Dr Michael Marnane

AUDIT COORDINATOR: Rachael Dooley

AUDIT COORDINATOR: Deepa Jose

AUDIT COORDINATOR: Roisin Callaghan

ST VINCENT'S UNIVERSITY HOSPITAL

CLINICAL LEAD: Dr Tim Cassidy

AUDIT COORDINATOR: Imelda Noone

AUDIT COORDINATOR: Mary Kate Meagher

WEXFORD GENERAL HOSPITAL

CLINICAL LEAD: Dr Emma O'Sullivan

AUDIT COORDINATOR: Elaine Crosby

REGIONAL HOSPITAL MULLINGAR

CLINICAL LEAD: Dr Clare Fallon

AUDIT COORDINATOR: Sinead Gallagher

ST LUKE'S GENERAL HOSPITAL CARLOW-KILKENNY

CLINICAL LEAD: Dr Paul Cotter

AUDIT COORDINATOR: Ann Flahive

ST JAMES'S HOSPITAL

CLINICAL LEAD: Prof. Joe Harbison

AUDIT COORDINATOR: Orla Kennedy

AUDIT COORDINATOR: Julieanne Kirwan

TALLAGHT UNIVERSITY HOSPITAL

CLINICAL LEAD: Prof. Rónán Collins

CLINICAL LEAD: Dr Dan Ryan

NAAS GENERAL HOSPITAL

CLINICAL LEAD: Dr Paul O'Brien

AUDIT COORDINATOR: Patricia Daly

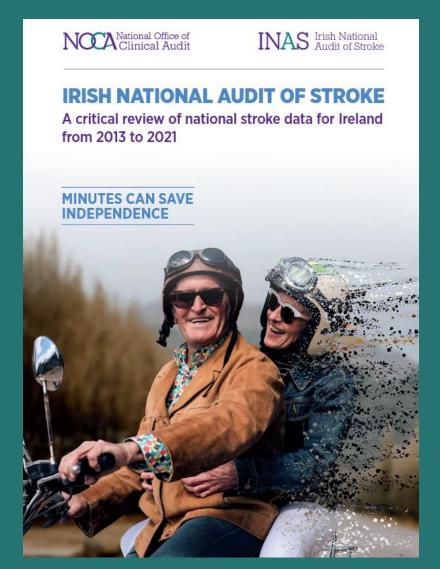
AUDIT COORDINATOR: Karen Sinnamon

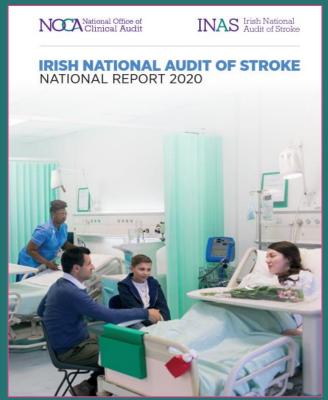
AUDIT COORDINATOR: Nicola Cogan

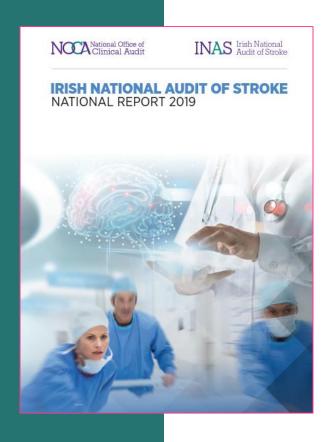
AUDIT COORDINATOR: Suzanne Greene

How are we using the data to improve care?







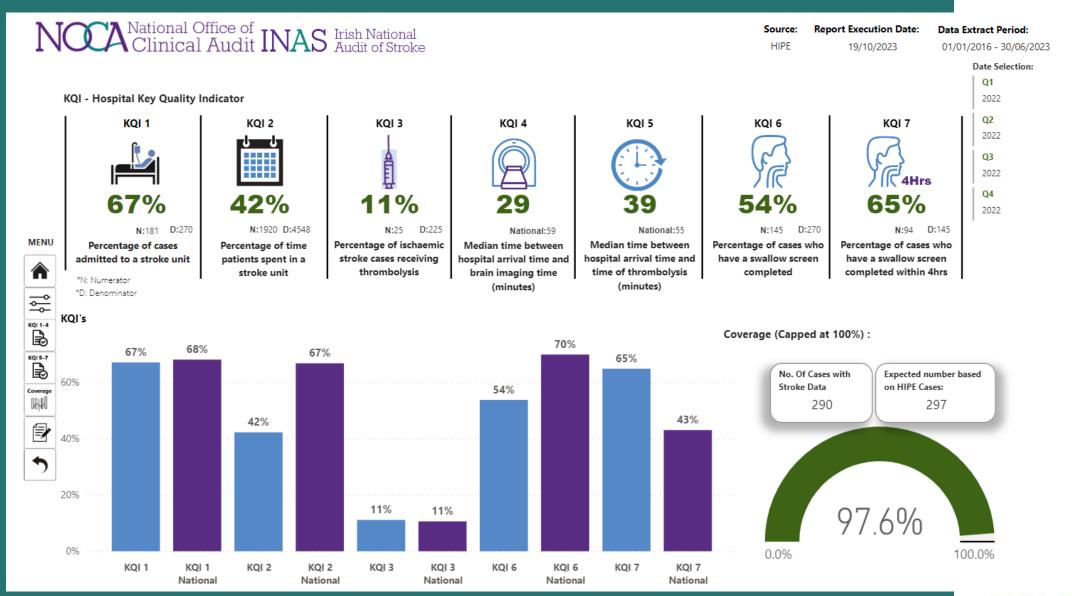


https://www.noca.ie/audits/irish-national-audit-of-stroke-inas

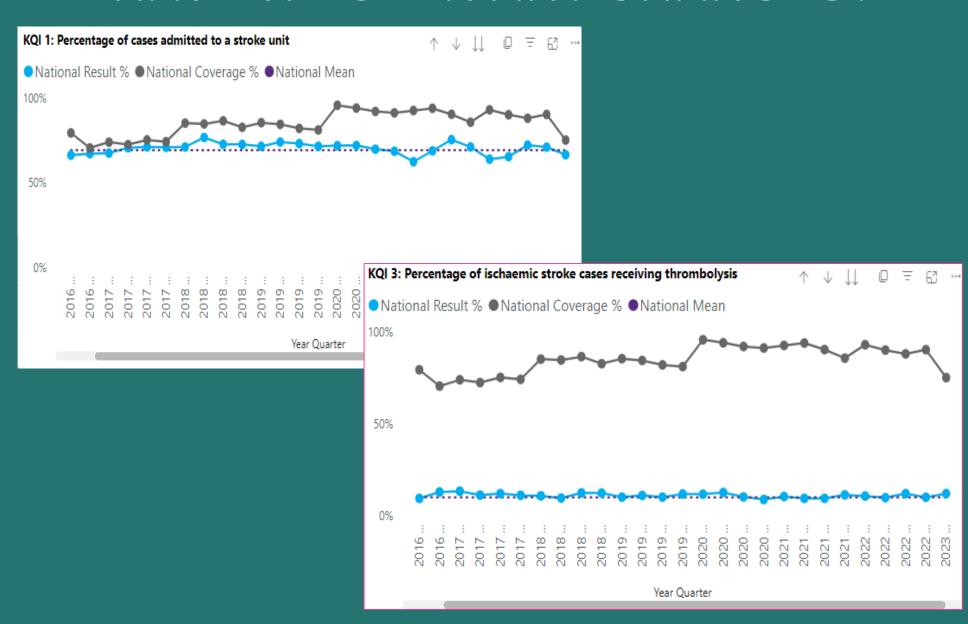


INAS DASHBOARD



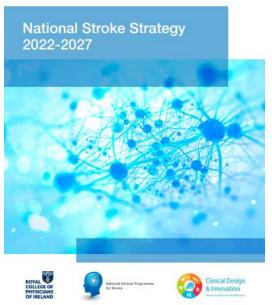


HAVE WE SEEN ANY CHANGES?





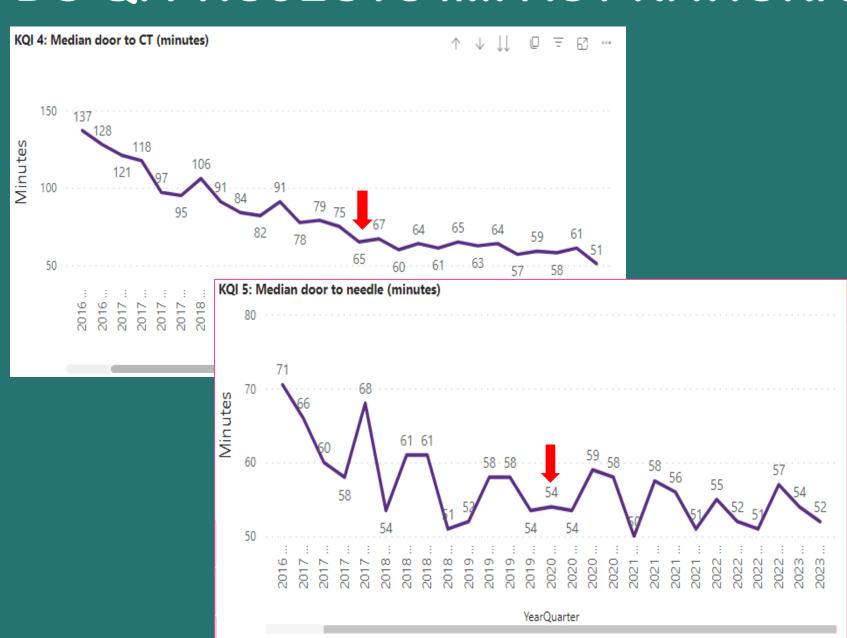






DO QI PROJECTS IMPACT NATIONALLY?







Door to Decision in 30! QI Project

A Quality Improvement Project ("Door to Decision in under 30!"), commenced in 2018 for the care of patients with acute ischaemic stroke. This was initiated by Dr. John Thornton, Director, National Thrombectomy Service, with the engagement of the QI Department in the RCPI and dedicated QI leads employed through the RCSI, Dr. Naomi Nowlan & Ms. Róisín Walsh, this was funded through industry grant and payments from hospitals involved in the project, 22 out of 23 hospitals admitting acute stroke patients participated in the programme.



Decisions Recorded

Improved data collection in FAST+ patients including those with possible strokes. To end of 2020, 7919 FAST documented as part of the QI project.

3512

To end of 2020, 3512 patients had the time of decision regarding their suitability for thrombectomy recorded. Documented decision times focuses the team on the steps of the acute stroke pathway.



Median time from doo to decision for treatment for all FASTs patients decreased 43mins in 2020.





participated in the 8 month formal QI Collaborative, with continued participation and repeated PDSA cycles.

392

Thrombectomies

2020 Results (n3796)

Median Door

to Decision

Median Door to CT 29 mins





Median CT to

















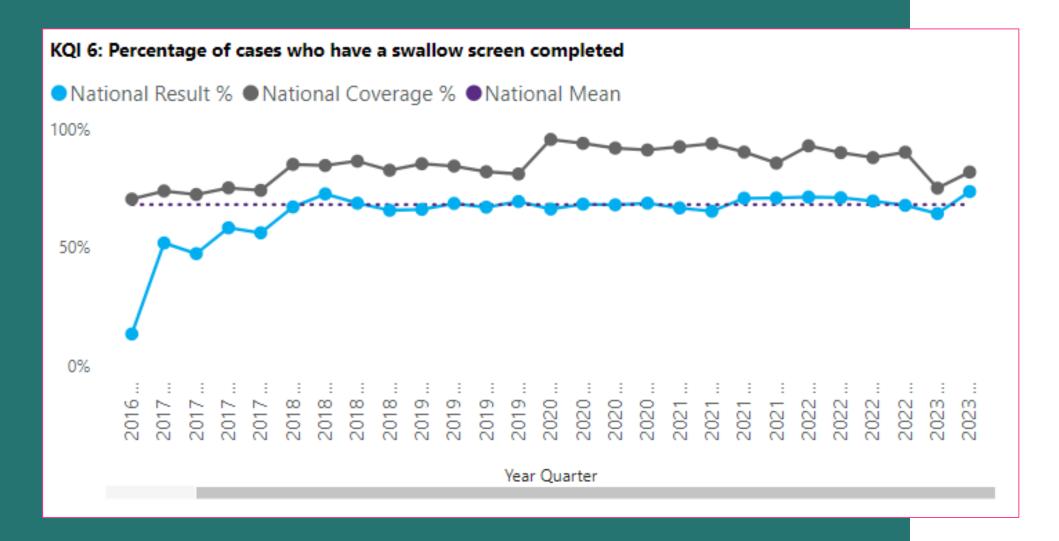


For more information: please contact The National Thrombectomy Service at thrombectomy@beaumonLis





WHAT ABOUT SWALLOW SCREENING?

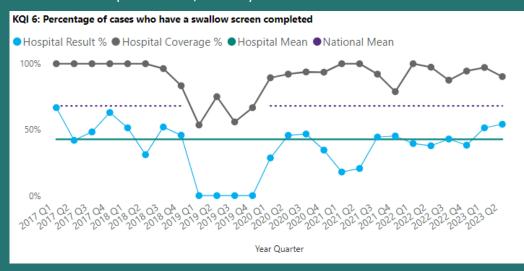




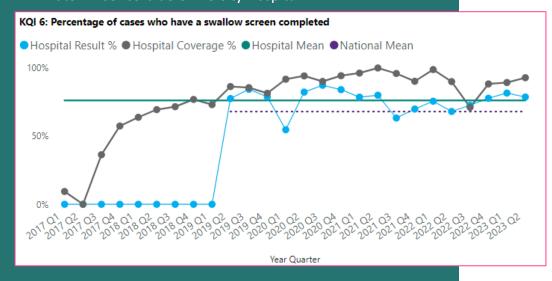
WHAT WE SEE FROM 2023?



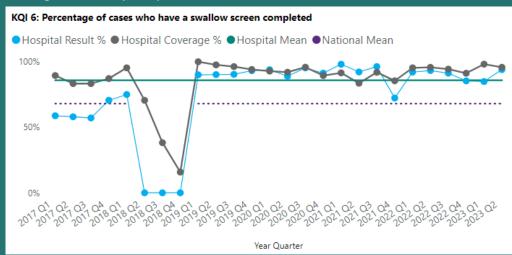
St Luke's Hospital Carlow/Kilkenny



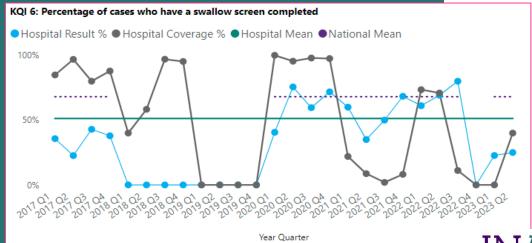
Mater Misericordiae University Hospital



Sligo University Hospital



Regional Hospital Mullingar



INAS Irish National Audit of Stroke

LAUNCH: Irish National Audit of Stroke National Report 2022



DECEMBER 15TH @ 11:00AM



WEBINAR

The launch of the Irish National Audit of Stroke National Report 2022 will be held via webinar on Friday 15th December 2023 from 11.00am-12.45pm. This is a free event and it will be hosted via Zoom.









Thank you



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QPS TalkTime

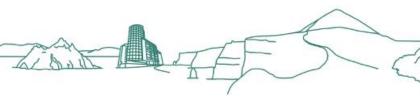


21 November 2023 | 1pm to 2pm

Using Ql to Improve Stroke Care











Swallow Screening in Irish Acute Stroke Services

A Quality Improvement Project

Julie Keane, HSCP Lead National Clinical Programme for Stroke



National Clinical Programme for Stroke, HSE







Does swallow screening matter in acute stroke care?



Dysphagia is common in acute stroke



Dysphagia is associated with negative health outcomes



Dysphagia screening found to have a protective health benefit



Prevalence

- Meta-analysis completed prevalence in acute phase approx. 42% but studies were heterogenous
- Using instrumental diagnostics prevalence = **75%** (Banda et al, 2022)
- Dysphagia after stroke can improve or resolve in acute phase with rehabilitation but it can persist into the chronic phase, making stroke one of the most common causes of dysphagia (Labeit et al, 2023)

Negative Health Outcomes

- People with dysphagia are 3 times, and those with aspiration 11 times, more likely to develop pneumonia (Kumar 2010; Rofes 2011)
- Associated with malnutrition (Srutinio et al. 2020), compromised rehab effection (Morone et al., 2019), reduce et al., 2020), increase.
- ↑ odds in hosp second most NB stroke severity (HI al., 2021)
- Stroke associated pneumonia (SAP)
 linked with higher morality in severe
 stroke patients; avoiding SAP in severe
 stroke patients may reduce mortality by
 43% (Gittens, Lobo Chaves, Vail & Smith, 2023)

Protective Health Benefit

A significant protective health benefit of description is screening to stroke for ty,
 C S and length of stay

areco & Martino, 2021)







National Clinical Programme for Stroke

When should it be completed?

Guideline, Year	Recommendation	Timeframe
BIASP, 2023	Patients with acute stroke should have their swallowing screened, using a validated screening tool, by a trained healthcare professional within four hours of arrival at hos and before being given any oral food, fluid or medication	within four hours of arrival at hospital
Canadian Stroke Best Practices, 2022	Patients should be screened for swallowing impairment before any oral intake, including medications, food, and liquid, by an appropriately trained professional using a valid screening tool	as carly as possible, ideally on the day of admission, using validated screening tools
Australia & New Zealand, 2022	People with acute stroke should have their swallowing screened, using a validated screening tool, by a trained healthcare professional	within four hours of arrival at hospital and before being given any oral food, fluid or medication.
ESO, 2021	In all patients with acute stroke, we recommend a formal dysphagia screening test to prevent post-stroke pneumonia and decrease risk of early mortality. We recommend to screen the patients as fast as possible after admission. For screening, either water-swallow-tests or multiple-consistency tests may be used. In patients with acute stroke, we recommend no administration of any food or liquid items, including oral medication, until a dysphagia screening has been done and swallowing was judged to be safe.	
AHA 2019	Dysphagia screening before the patient begins eating, drinking, or receiving oral medications is effective to identify patients at increased risk for aspiration.	nil
Ireland (2017)	The NCP-S recommends that the swallow screen is performed on all stroke patients within four hours of admission but before any oral intake	4 hours of admission







National Clinical Programme for Strok



When should it be completed?

Positive impact of **early** vs late screening

- Odds ratio for pneumonia in late very screening)

 Odds ratio for pneumonia in late very screening (OR, 0.39), screening)
- Diffe The across studies; 3 articles used **24 hours** [Al Khall III., 2016; Middleton et al., 2019; Svendson et al., 2014]; 1 article **<4 hours** [Han et al., 2018]; and 1 article **<79 minutes** [Bray et al., 2017]



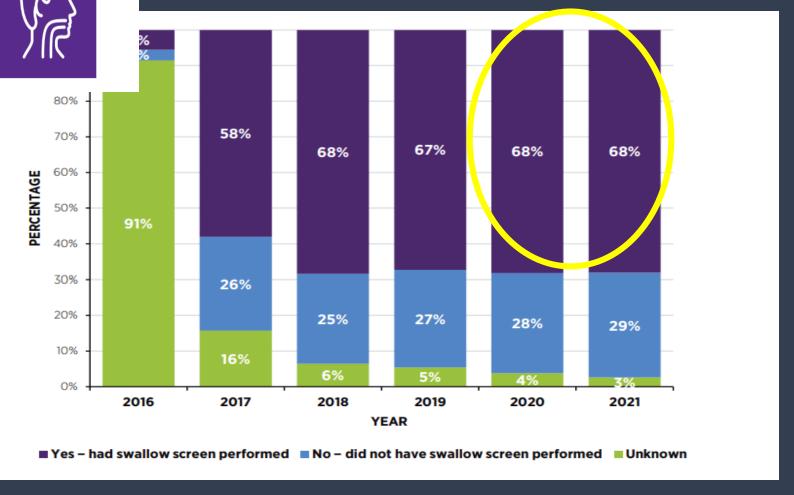


National Clinical Programme for Stroke

How is Ireland doing?

KQI 6: Percentage of cases who have a swallow screen completed (Target: 100%).

2021: 68%



KQI 7: Percentage of cases who have a swallow screen completed within 4 hours of hospital admission (Target: 100%).



2021: 43%

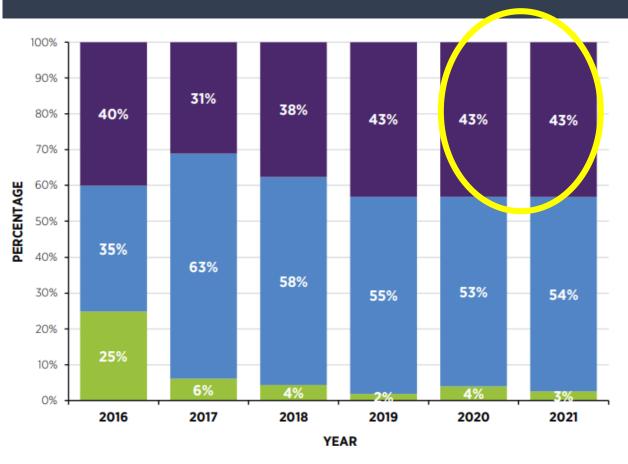








National Clinical Programme for Stroke



- Yes had swallow screen performed within 4 hours
- No did not have swallow screen performed within 4 hours
- Unknown







National Clinical Programme for Stroke



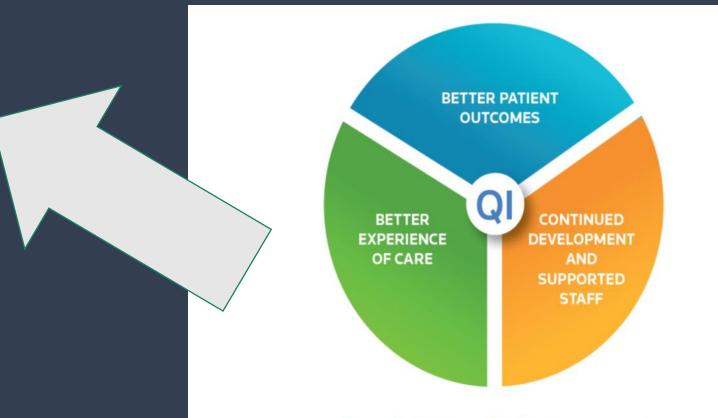
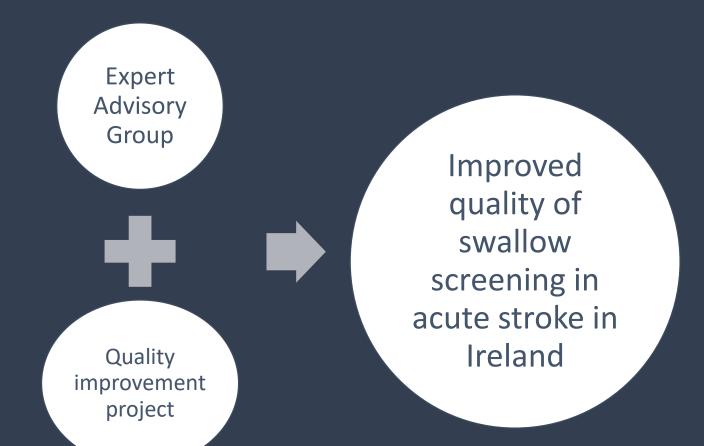


Figure 2: Defining Quality Improvement (adapted from Batalden, Davidoff QualSafHealth Care 2007)

Expert Advisory Group seeking consensus on...

- Timestamp for swallow screening that we will adopt in Ireland
- Possibility of using one tool nationally





Phase 1: improve overall rates screening in pilot sites

Phase 2: improve overail rates nationally & review timing target



Phase 1 QIP



Target?

To achieve <u>100%</u> swallow screening rates for acute stroke patients during their acute admission for Q1 2024 (end date March 31st 2024)



Where?

4 pilot sites; Sligo University Hospital, Regional Hospital Mullingar, St Luke's General Hospital Kilkenny, The Mater Misericordiae University Hospital



Change methodology?

Process mapping
Plan Do Study Act Cycles

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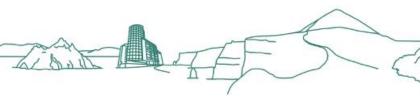


21 November 2023 | 1pm to 2pm

Using Ql to Improve Stroke Care









Swallow Screening Ql Project in Sligo University Hospital

> Margaret Carney Stroke Clinical Nurse Specialist



Project Aim:

To achieve 100% swallow screening rates for acute stroke patients during their acute admission to Sligo University Hospital from July to Oct 2023.

Project Team:

- Dr. Paula Hickey, Consultant Physician
- Úna Moffatt, ANP Stroke
- Margaret Carney, CNS Stroke/ESD
- Cliona Finnerty, SLT
- Dorothy Nolan Shaw, SLT/ESD
- Sinéad Carthy, SLT Manager







Background & Context

Research shows benefits

Patient

- Recommendation from National Stroke Strategy
- Improve local results
- 2022 SUH achieved 86% of cases had a swallow screen completed.
- 2021 percentage of cases who had a swallow screen completed was 68%.



"We were good but not good enough"



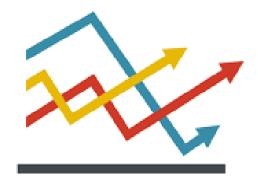
Key Project Measures

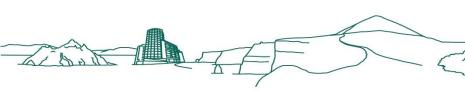
Outcome measure(s):

- Achieve 100% swallow screen rate for duration of QI from July to Oct 2023
- Better compliance with documentation

Process measure(s):

- Documentation completed accurately to show swallow screen completed (random audit of 5 stroke patient charts)
- Individual hospital figures on number of stroke staff trained in swallow screening
- Self-assessment questionnaire
- Balancing measure(s):
- Increased stress/workload for staff (will be measured in self-questionnaire)
- Increased learning opportunity/ satisfaction for staff/awareness of QI
- Swallow screening in 4 hours (will it increase alongside this QI?)
- Positive/negative impact of referrals to SLT would it increase workload?









What is a PDSA cycle?

- Useful resource in determining and implementing actions required for a quality improvement project.
- The underlying principle of the PDSA cycle is that the activity is not complete until evaluation shows it has been effective

How did Sligo University Hospital plan their improvement?

- Process mapping simple exercise, allowed our team to know where to start when making improvements.
- Barriers and facilities of swallow screening assessment
- Assumptions around screening patients
- Allowed us to focus on areas that needed attention i.e. End of life and Independent patients.



PDSA Cycles: No 1

Plan: 4th July 23

- Meeting with team and NCP-s leads
- What were we planning to do?

Do: 24th July and 31st July

- Collect baseline data (2 weeks in Jan 23)
- Collect cycle 1 data for 14 consecutive days (swallow screen Yes/No, within 4 hrs and time of screen and documentation) of all stroke admissions. Completed 3 staff questionnaires
- Staff Questionnaires and record number of staff trained

Study: 7th Aug

Review all data and record on excel sheet

Act: 15th Aug

- Met virtually with team and NCP-s leads
- Although 100% was achieved, low numbers so plan for Cycle 2, possible achieve over longer period of time











PDSA Cycles: No 2

Plan: 24th Aug

- Team meeting with NCP-S leads and plan cycle 2.
- Update staff on results of cycle 1
- Refresh education session for staff on Stroke Unit about Cycle 2 at safety pause and via messaging group

Do: 18th Sept until 15th Oct

Collected data for 4 weeks, changed swallow screen tool to light blue colour.

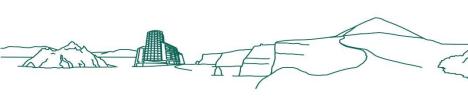
Study: 16th Oct

• Change created a positive effect, increased number of patients screened and also increase in adherence to 4 hourly target (33% in cycle 1 and 60% in cycle 2)

Act: 25th Oct

Achieved 100%, decided to complete swallow QI at cycle 2





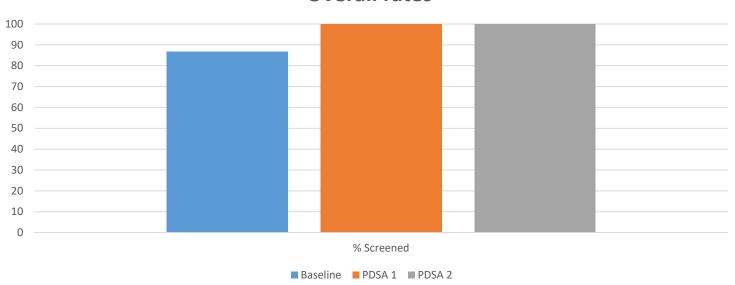






100%

Overall rates





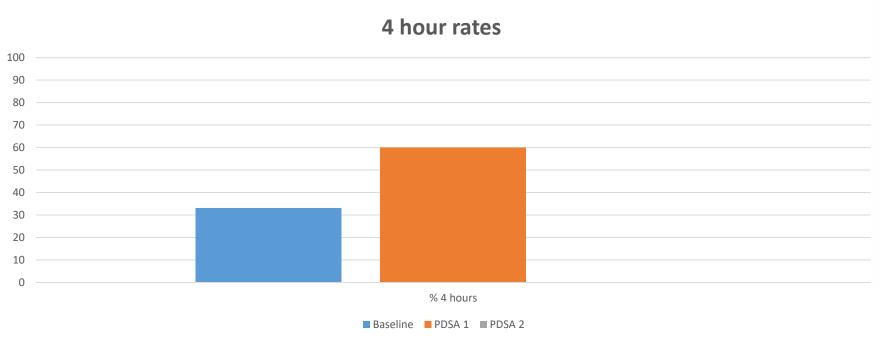




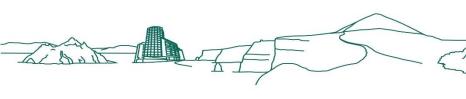




Results













Opportunities and challenges:

- High number of staff trained on site
- Changing colour of swallow Ax tool
- QI project has made staff more aware of importance of correct documentation
- Communication with staff











Lessons Learned

- Think big, act small!
- Room for improvement
- Teamwork
- Sustainability

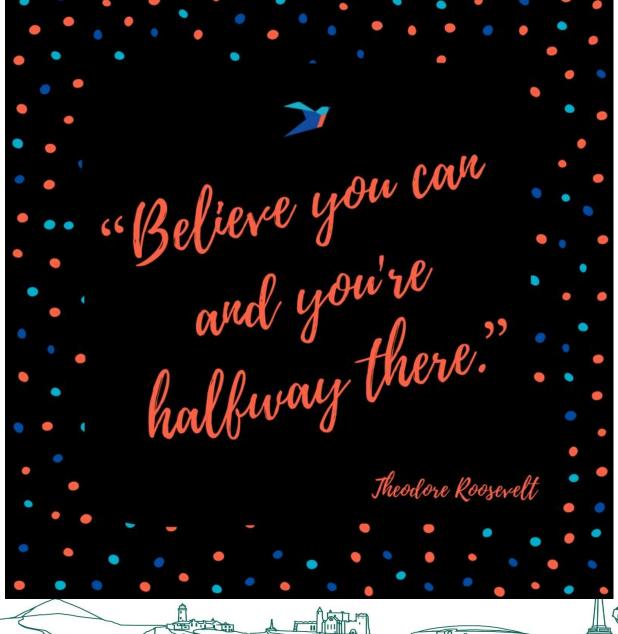
















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QPS TalkTime

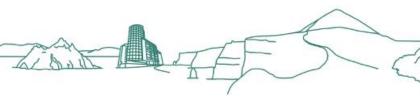


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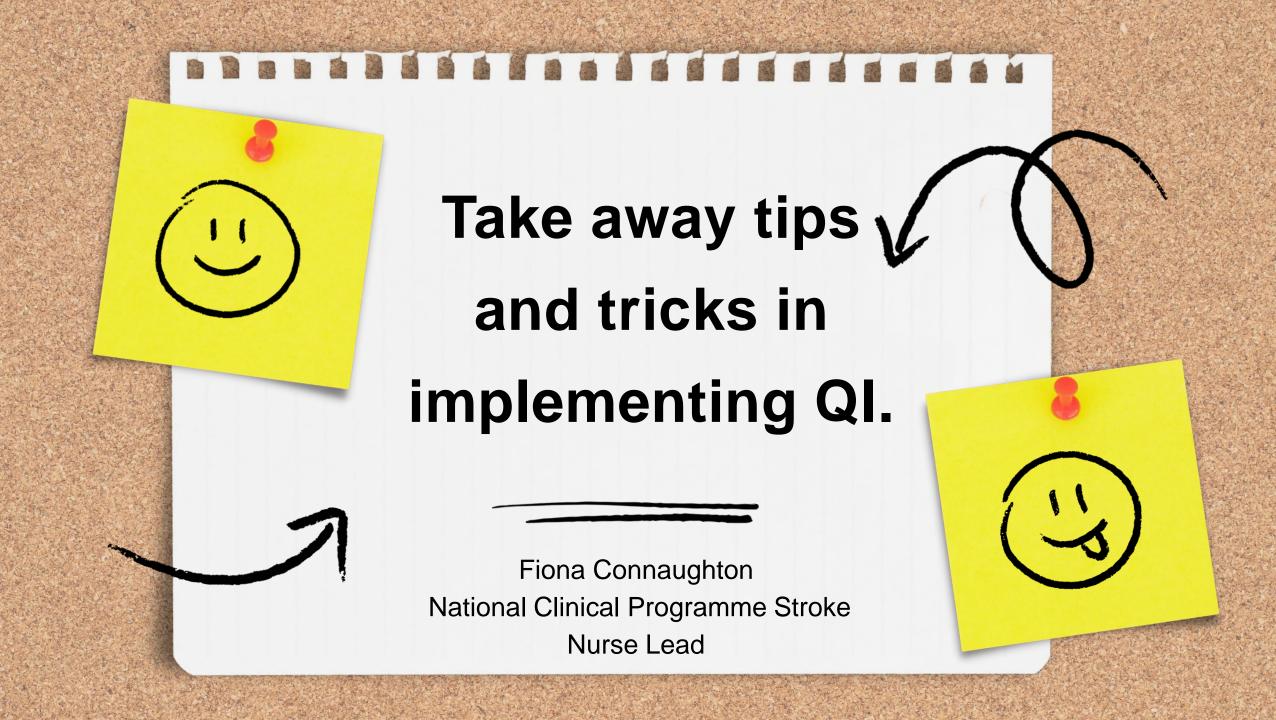
Using Ql to Improve Stroke Care













- Creep
- Stakeholder mapping
- Process mapping
- PDSA cycles
- Timelines/ Gantt Chart Measures-Run/bar/pie charts



Psychological safety

- Establishing ground rules at the outset
- May favour the loudest voice
- Culture embedded in system?
- Be honest about own experiences & knowledge



"Fail to prepare, prepare to fail"

- Documentation
- More you read , the less you know = more you read, the more you know
- Framework
- Leave assumptions at the door



Weighing Scales

It's all about balance:

- · Aim to support and encourage, without taking over
- · One activity at a time (that counts) may risk exhausting self and others at the beginning
- · Time/workload/stressors



- Know your own style
- Adapt style
- Observe team Dynamics
- Know yourself
- Know your team
- Blanket approach doesn't work



"Not all change is improvement, but all improvement is change."

- Keep it simple
- Quick Wins
- Think big: act small

Episode 16

QPS TalkTime

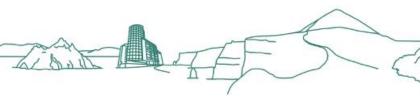


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Using Ql to Improve Stroke Care









US @n S@Ca Mewia











QPS TalkTime

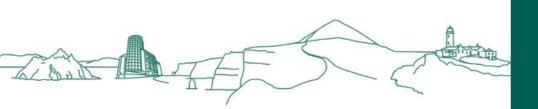


5th December 2023 | 1pm to 2pm

"Together, to improve health and care" Join the Q Community!











Let us know how we did today

Reminder: Short questions (pop up) as you sign off, please help us to improve our QPS TalkTime Webinars by sharing your feedback

We really appreciate your time, thank you.



Contact: Kris.Kavanagh@hse.ie to be included on our mailing list to receive QPS TalkTime invitations